198 METHODS OF NONVIOLENT ACTION

albert einstein institution

The Methods of Nonviolent Protest and Persuasion

Formal Statements

- 1. Public speeches
- 2. Letters of opposition or support
- 3. Declarations by organizations and institutions
- 4. Signed public statements
- 5. Declarations of indictment and intention
- 6. Group or mass petitions

Communications with a Wider Audience

- 7. Slogans, caricatures, and symbols
- 8. Banners, posters, and displayed communications
- 9. Leaflets, pamphlets, and books
- 10. Newspapers and journals
- 11. Records, radio, and television
- 12. Skywriting and earthwriting

Group Representations

- 13. Deputations
- 14. Mock awards
- 15. Group lobbying
- 16. Picketing
- 17. Mock elections

Symbolic Public Acts

- 18. Displays of flags and symbolic colors
- 19. Wearing of symbols
- 20. Prayer and worship
- 21. Delivering symbolic objects
- 22. Protest disrobings
- 23. Destruction of own property
- 24. Symbolic lights
- 25. Displays of portraits
- 26. Paint as protest
- 27. New signs and names
- 28. Symbolic sounds
- 29. Symbolic reclamations
- 30. Rude gestures

Pressures on Individuals

- 31. "Haunting" officials
- 32. Taunting officials
- 33. Fraternization
- 34. Vigils

Drama and Music

- 35. Humorous skits and pranks
- 36. Performances of plays and music
- 37. Singing

Processions

- 38. Marches
- 39. Parades
- 40. Religious processions
- 41. Pilgrimages
- 42. Motorcades

Honoring the Dead

- 43. Political mourning
- 44. Mock funerals
- 45. Demonstrative funerals
- 46. Homage at burial places

Public Assemblies

- 47. Assemblies of protest or support
- 48. Protest meetings
- 49. Camouflaged meetings of protest
- 50. Teach-ins

Withdrawal and Renunciation

- 51 Walk-outs
- 52. Silence
- 53. Renouncing honors
- 54. Turning one's back

The Methods of Social Noncooperation

Ostracism of Persons

- 55. Social boycott
- 56. Selective social boycott
- 57. Lysistratic nonaction
- 58. Excommunication
- 59. Interdict

Noncooperation with Social Events, Customs, and Institutions

- 60. Suspension of social and sports activities
- 61. Boycott of social affairs
- 62. Student strike
- 63. Social disobedience
- 64. Withdrawal from social institutions

Withdrawal from the Social System

- 65. Stay-at-home
- 66. Total personal noncooperation
- 67. "Flight" of workers
- 68. Sanctuary
- 69. Collective disappearance
- 70. Protest emigration (hijrat)

The Methods of Economic Noncooperation: **Economic Boycotts**

Actions by Consumers

- 71. Consumers' boycott
- 72. Nonconsumption of boycotted goods
- 73. Policy of austerity
- 74. Rent withholding
- 75. Refusal to rent
- 76. National consumers' boycott
- 77. International consumers' boycott

Action by Workers and Producers

- 78. Workmen's boycott
- 79. Producers' boycott

Action by Middlemen

80. Suppliers' and handlers' boycott

Action by Owners and Management

81. Traders' boycott

83. Lockout

- 82. Refusal to let or sell property
- 84. Refusal of industrial assistance
- 85. Merchants' "general strike"

Action by Holders of Financial Resources

- 86. Withdrawal of bank deposits
- 87. Refusal to pay fees, dues, and assessments
- 88. Refusal to pay debts or interest
- 89. Severance of funds and credit
- 90. Revenue refusal
- 91. Refusal of a government's money

Action by Governments

- 92. Domestic embargo
- 93. Blacklisting of traders
- 94. International sellers' embargo
- 95. International buyers' embargo 96. International trade embargo

The Methods of Economic Noncooperation: The Strike

Symbolic Strikes

- 97. Protest strike
- 98. Quickie walkout (lightning strike)

Agricultural Strikes

- 99. Peasant strike
- 100 Farm Workers' strike

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Strikes by Special Groups

- 101. Refusal of impressed labor
- 102. Prisoners' strike
- 103. Craft strike
- 104. Professional strike

Ordinary Industrial Strikes

- 105. Establishment strike
- 106. Industry strike
- 107. Sympathetic strike

Restricted Strikes

- 108. Detailed Strike
- 109. Bumper strike
- 110. Slowdown strike
- 111. Working-to-rule strike
- 112. Reporting "sick" (sick-in)
- 113. Strike by resignation
- 114. Limited strike
- 115. Selective strike

Multi-Industry Strikes

- 116. Generalized strike
- 117. General strike

Combination of Strikes and Economic Closures

- 118. Hartal
- 119. Economic shutdown

The Methods of Political Noncooperation

Rejection of Authority

- 120. Withholding or withdrawal of allegiance
- 121. Refusal of public support
- 122. Literature and speeches advocating resistance

Citizens' Noncooperation with Government

- 123. Boycott of legislative bodies
- $124.\,Boycott\,of\,elections$
- 125. Boycott of government employment and positions
- 126. Boycott of government depts., agencies, and other bodies
- 127. Withdrawal from government educational institutions
- 128. Boycott of government-supported organizations 129. Refusal of assistance to enforcement agents
- 130. Removal of own signs and placemarks
- 131. Refusal to accept appointed officials
- 132. Refusal to dissolve existing institutions

Citizens' Alternatives to Obedience

- 133. Reluctant and slow compliance
- 134. Nonobedience in absence of direct supervision
- 135. Popular nonobedience
- 136. Disguised disobedience
- 137. Refusal of an assemblage or meeting to disperse
- 138. Sit-down
- 139. Noncooperation with conscription and deportation
- $140.\,Hiding, escape, and \,false\,identities$
- 141. Civil disobedience of "illegitimate" laws

Action by Government Personnel

- $142.\,Selective\,refusal\,of\,assistance\,by\,government\,aides$
- 143. Blocking of lines of command and information
- 144. Stalling and obstruction
- 145. General administrative noncooperation
- 146. Judicial noncooperation
- 147. Deliberate inefficiency and selective noncooperation by enforcement agents
- 148. Mutiny

Domestic Governmental Action

- 149. Quasi-legal evasions and delays
- $150.\,Noncooperation\,by\,constituent\,governmental\,units$

International Governmental Action

- 151. Changes in diplomatic and other representations
- 152. Delay and cancellation of diplomatic events
- 153. Withholding of diplomatic recognition
- $154.\,Severance\,of\,diplomatic\,relations$
- 155. Withdrawal from international organizations
- 156. Refusal of membership in international bodies
- 157. Expulsion from international organizations

The Methods of Nonviolent Intervention

Psychological Intervention

- 158. Self-exposure to the elements
- 159. The fast
 - a. Fast of moral pressure
 - b. Hunger strike
 - c. Satyagrahic fast
- 160. Reverse trial
- 161. Nonviolent harassment

Physical Intervention

- 162. Sit-in
- 163. Stand-in
- 164. Ride-in
- 165. Wade-in
- 166. Mill-in
- 167. Pray-in
- 168. Nonviolent raids
- 169. Nonviolent air raids
- 170. Nonviolent invasion
- 171. Nonviolent interjection
- 172. Nonviolent obstruction
- 173. Nonviolent occupation

Social Intervention

- 174. Establishing new social patterns
- 175. Overloading of facilities
- 176. Stall-in
- 177. Speak-in
- 178. Guerrilla theater
- 179. Alternative social institutions
- 180. Alternative communication system

Economic Intervention

- 181. Reverse Strike
- 182. Stay-in Strike
- 183. Nonviolent land seizure
- 184. Defiance of Blockades
- 185. Politically Motivated Counterfeiting
- 186. Preclusive Purchasing
- 187. Seizure of assets
- 188. Dumping
- 189. Selective patronage
- 190. Alternative markets
- 191. Alternative transportation systems
- 192. Alternative economic institutions

Political Intervention

193. Overloading of administrative systems

198. Dual sovereignty and parallel government

- 194. Disclosing identities of secret agents
- 195. Seeking imprisonment
- 196. Civil disobedience of "neutral" laws 197. Work-on without collaboration

Far too often people struggling for democratic rights and justice are not aware of the full range of methods of nonviolent action. Wise strategy, attention to the dynamics of nonviolent struggle, and careful selection of

methods can increase a group's chances of success.

Gene Sharp's researched and catalogued these 198 methods and provided a rich selection of historical examples in his seminal work, The Politics of Nonviolent Action (3 Vols.) Boston: Porter Sargent, 1973.