

CALENDAR EVENT: April 12, 2024

FOR IMMEDIATE RELEASE

## “Preventing and Healing Climate Traumas: Building Resilience and Hope in Communities”

**KSQD 90.7FM “Be Bold America!” Sunday,**

**April 21, 2024 at 5:00pm (PT)**

Associated Press: Updated 6:02 AM PDT, April 10, 2024

*“Humanity has only two years left “to save the world” by making dramatic changes in the way it spews heat trapping emissions and it has even less time to act to get the finances behind such a massive shift, the head of the United Nations. [Climate Secretary, Simon Stiell]”*

The **climate emergency** is often described as a **"wicked" problem**—one that results from numerous factors that **interact in new and surprising ways** to defy standard solutions—the **pervasive distresses and traumas it generates are also "wicked" problems** that cannot be resolved through conventional, professionally delivered, individualized clinical treatment services.

**Facing our climate future will require entire neighborhoods and communities be engaged to prevent and heal the distresses and**

**traumas** generated during the long climate mega-emergency. If whole-community initiatives are launched throughout industrialized nations and worldwide, the **indomitable human spirit and capacity for resilience** can be activated.

### **Interview Guest:**

**Bob Doppelt** founded and coordinates the **International Transformational Resilience Coalition** (ITRC), a network of mental health, social service, disaster management, climate, and faith organizations and professionals. He is trained in both **counseling psychology** (M.S.) and **environmental science** (M.S.) and has combined the two fields throughout his career. He is also a Graduate of the International Program on the Management of Sustainability, in Ziest, The Netherlands, and a Mindfulness-Based Stress Reduction Instructor. He is also a former **Fellow at the Rockefeller Foundation's Bellagio Center**.

Bob is the **author of a number of books on the interface between individual, group, community, and social resilience and change and ecological regeneration**. His newest book is *Preventing and Healing Climate Traumas: A Guide for Building Resilience and Hope in Communities*. Bob also writes for *Psychology Today*. Due to his many

years of work, in 2015 **Bob** was named one of the world's “**50 Most Talented Social Innovators**” by the World CRS Congress.

*(Live streams, worldwide, on any electronic device. Visit the [ksqd.org](http://ksqd.org) website)*

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