

## FOR IMMEDIATE RELEASE

CALENDAR EVENT  
April 27, 2021

### “The Pandemic Year: Mothers in Crisis”

Santa Cruz, Calif. –

Tune in to **“Be Bold America!”** Sunday, **May 9 2021** at **5:00pm**

**KSQD 90.7FM**

*Serving California’s Central Coast ~ “Many voices. One station.”*

*(Live streams online on any electronic device, worldwide, visit the [ksqd.org](http://ksqd.org) homepage)*

*“My husband and I felt we were going to have a heart attack.” – Allison Guevara*

As a special Mothers Day program, we’ll be speaking with Allison Guevara who is a wife and a mother of three. She’ll be sharing with us her intense, traumatic and stressful pandemic year where both she and her husband felt they were going to have a heart attack. Allison will talk about dealing with the pressures of facing the ups-and-downs and zigzags of the pandemic while seeing to the education of their children from 2 to 11 years old. Both of them worked while, at the same time, dealt with foot surgery and Allison’s father being in and out of the hospital. All of these struggles were overlaid with feeling the emotions of the radicalized violence in our country. Mothers (and fathers too)? Does this sound familiar?

#### **Interview Guest (photo attached):**

**Allison Guevara** is a Social Impact Consultant and mother of 3 children, ages 11, 8, and 2. She co-founded and currently leads the “Live Oak Cradle to Career Initiative” and the “Central Coast Early Childhood Advocacy Network.” Allison

grew up in Minnesota and has lived in Santa Cruz with her husband, J. (Jay) since 2004.

**Podcast now available on:**

**Apple Podcasts, Anchor.fm, Google Podcasts, Spotify, Breaker, RadioPublic, PocketCasts, Overcast, [jillcodyauthor.com](http://jillcodyauthor.com), and [KSQD.org](http://KSQD.org)!**

**CONTACT:**

Jill Cody, “Be Bold America!” Producer and Host  
#1 Amazon Bestselling author of *Climate Abandoned*  
and award-winning, *America Abandoned*  
831-293-8202  
[bebold@ksqd.org](mailto:bebold@ksqd.org)  
[www.jillcodyauthor.com](http://www.jillcodyauthor.com)